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A Collection Of Poems In Six Volumes. By Several Hands

Dodsley, Robert London, 1758

Advice to a Lady in Autumn.

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[328]



A D V I C E to a Lady in AUTUMN.

SSES milk, half a pint, take at feven, or before; Then fleep for an hour or two, and no more. At nine stretch your arms, and oh! think when alone, There's no pleasure in bed .- MARY, bring me my gown: Slip on that ere you rife; let your caution be such; Keep all cold from your breaft, there's already too much. Your pinners fet right, your twitcher ty'd on, Your prayers at an end, and your breakfast quite done; Retire to fome author, improving and gay, And with fenfe like your own, fet your mind for the day. At twelve you may walk, for at this time o' the year, The fun, like your wit, is as mild as 'tis clear : But mark in the meadows the ruin of Time; Take the hint, and let life be improv'd in its prime. Return not in haste, nor of dressing take heed; For beauty, like yours, no affift ance can need. With an appetite, thus, down to dinner you fit, Where the chief of the feast is the flow of your wit: Let this be indulged, and let laughter go round; As it pleases your mind, to your health 'twill redound. After dinner two glasses at least, I approve; Name the first to the king, and the last to your love:

Thus

ADVICE